

Leading for Excellence: Training for IPS Supervisors

Homework document

Pre-course, to be completed before session 1:

- ⦿ Read the IPS briefing: IPS in the UK
- ⦿ Read the IPS briefing: Making IPS work
- ⦿ IPS fidelity scale. Either familiarise yourself with your service's last fidelity review (external or in-house) or if neither are available, read through the IPS fidelity scale in the course manual

This work must be completed before session 2:

- ⦿ Read complete the 'best line manager' and start the 'manager/leader' table (page 10)
- ⦿ Complete a reflective log on today's training and add to personal and team action plans (pages 3-4)
- ⦿ Watch video: up until 14 minutes > empathy: <https://www.youtube.com/watch?v=pi86Nr9Mdms&t=9s>
- ⦿ Read assigned scenario
- ⦿ Read the fictitious fidelity review report document 'Item 13 disclosure example report' manual page 18. Based on this report, your task as IPS supervisor/team leader is to write a fidelity review action plan which will improve your team's delivery of this fidelity item when supporting clients. Using the format provided on page 17 of the course booklet, write down specific actions with responsibilities and deadlines, which will lead to higher fidelity scores at your next review in 6 months' time

This work must be completed before session 3:

- ⦿ Complete reflective log on how you manage supervision in your service.
- ⦿ Update personal and team action plans.

- ⦿ Bring a case or team issue that you like to discuss in the Q&A session

Post course links:

- ⦿ Complete Centre for Mental Health resources – Dartmouth fidelity reviewing guide for reviewers <https://www.centreformentalhealth.org.uk/ips-resources/>
- ⦿ IPS Grow resources via FutureNHS platform - <https://future.nhs.uk/IPSWorkspace/grouphome> see 01. IPS service providers (sub folders drug and alcohol treatment and IPS in drug and alcohol services).
- ⦿ <https://www.youtube.com/watch?v=rLJ45m95Sjg> Video of Dr Helen Lockett talking about what makes an effective employment consultant.
- ⦿ IPS Works international research: <https://ipsworks.org/index.php/research/>
- ⦿ John Fisher personal transition curve: <https://www.businessballs.com/freepdfmaterials/fisher-transition-curve-2012bb.pdf>
- ⦿ Mental health at work – HSE standards: health and safety executive (HSE) management standards <https://www.hse.gov.uk/stress/standards>
- ⦿ Management practice NICE recommendations: <https://www.nice.org.uk/guidance/ng13>
- ⦿ MHFA line managers' resource: <https://mhfaengland.org/mhfa-centre/resources/resource/?id=92ad5582-3ca5-e811-8147-e0071b668081>
- ⦿ Additional management resources:
 - 6 Qualities of a great leader <https://www.businessballs.com/leadership-models/qualities-of-a-great-leader/>
 - Powerful tips for effective leadership: 7 tips for leaders <https://www.businessballs.com/leadership-models/7-tips-for-leaders/>
 - Leadership vs management: <https://www.businessballs.com/leadership-styles/leadership-vs-management/>