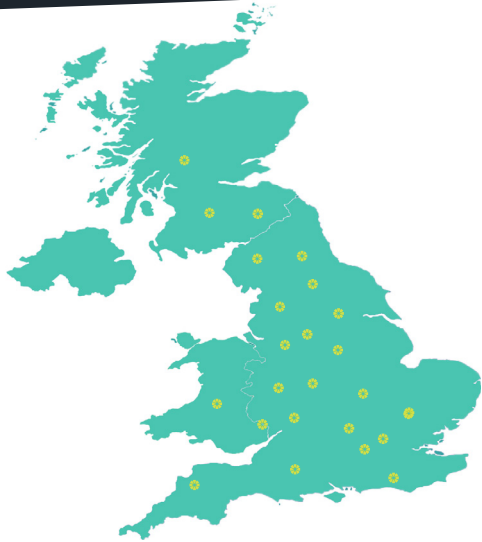


OUR YEAR IN NUMBERS 2024



300+

people in local areas across the country equipped to support better mental health in their communities



PODCASTS

49

blogs and podcasts shared, embedding lived experience within our work

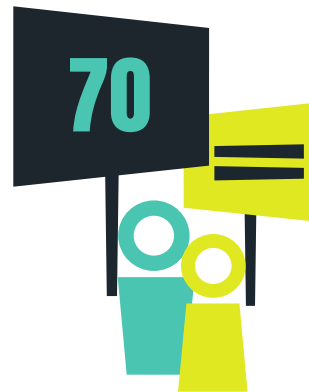
1,000

people trained in Individual Placement and Support (IPS) helping to support many more people with mental health problems into paid work



70

organisations backed our campaign for political parties to prioritise mental health at the General Election



92

Young Changemakers equipped to tackle racial inequality in mental health



18

reports covering a huge range of topics

OLDER PEOPLE INPATIENT CARE
POVERTY ECONOMIC COSTS OF MENTAL ILL HEALTH
SCHOOL ABSENCE WORKFORCE VOTING RIGHTS COVID-19 RACIAL JUSTICE
PHYSICAL HEALTH GREEN SPACES YOUNG PEOPLE
COST-OF-LIVING CRISIS

300+ attendees

15 events

on topics including substance use, long-term conditions, and homelessness

